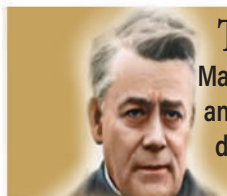




# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish -  
*Sacred Heart Church and Maria Regina Church*



## Thoughts of Blessed Francis Jordan

May the risen Saviour fill each of you with abundant graces and blessings. Work courageously at making progress in doing good and put your whole trust in God who is our helper.

## Prayer of Entrustment to the Divine Mercy

O Lord, our God,  
we place our trust in You,  
because You are mercy itself.  
We repent our sins and turn  
to You for mercy.

We trust You to provide for our  
every need, according to  
Your will.

Help us to forgive others as  
You forgive us.

We promise to be merciful  
by our deeds, words  
and prayers.

We entrust to You the future  
of our world, Church, families  
and all our needs.

With loud cries we implore  
Your mercy on us and  
the whole world.

Amen.



*Jesus,  
I trust in You!*

## SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



You can find us on Instagram



## MASS TIMES

### Sacred Heart Church

1 Keenan Street, Mona Vale

#### WEEKDAY MASSES

**Tuesday 9.30 am**  
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

**Wednesday 9.30 am**

**Thursday 7 pm**  
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

**Friday 9:30 am**  
First Friday of the month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9:30 am, followed by *Healing Mass/ Anointing of the Sick* at 10.30 am

**WEEKEND MASSES**  
**Saturday Vigil 5.00 pm**  
**Sunday 8.00 am, 10.00 am & 6.00 pm (SOUL)**

**RECONCILIATION**  
**Saturday Vigil**  
4.00 pm to 4.30 pm

**BAPTISM**  
**4th Sunday of the Month**  
11.30 am

### Maria Regina Church

7 Central Road, Avalon

#### WEEKDAY MASSES

**Monday 8.00 am**

**Wednesday 8.00 am**

**Thursday 10 am**  
9.00 am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45 am

**Friday 8.00 am**  
First Friday of the month, *Healing Mass/ Anointing of the Sick* at 8.00 am

**WEEKEND MASSES**  
**Saturday Vigil 6.00 pm**  
**Sunday 9.00 am**

**RECONCILIATION**  
Before Vigil Mass on Saturday

**BAPTISM**  
**3rd Sunday of the Month**  
11.00 am

## We Pray for

Recently Deceased  
**Owen Graham**  
**Julianne O'Neill**

*May all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.*

Deceased Anniversary  
**Pietrina Maiorano**

### Prayer for the Sick

Anna Śmigowska  
Lily Janosik  
Trish Newman  
Giannina Amore  
Bruce Farr  
Maureen Larios  
Owen Graham  
Elaine Boyes  
Pauline Chipman  
Ron Clarke  
Barbara Clarke  
Anna Katanec  
Mother Pauline  
Angela Miller  
Philip Khalifeh  
Joseph Khalifeh  
Heidi Taylor  
Cathy Dyer  
Jacinta Purnell - Major

## BOOK REVIEW

### Beyond Grief

A Guide for Recovering from the Death of a Loved One  
By: Carol Staudacher



It looks at grief in the raw and helps the bereaved person to face life with renewed strength and optimism.

### Mother's Day

11th May

We invite all Mothers for a Special Blessing during these Masses:

**Sacred Heart Church, Mona Vale**

**Saturday 10th May at 5pm**

**Sunday, 11th May at**

**8 am, 10 am and 6 pm**

**Maria Regina Church, Avalon**

**Saturday, 10th May at 6 pm**

**Sunday, 11th May**

**at 9 am**

### Liturgy for the Week

**28/04 Monday, St Peter Chanel**  
Acts 4:23-31; Jn 3:1-8

**29/04 Tuesday, St Catherine of Siena**  
Acts 4:32-37; Jn 3:7-15

**30/04 Wednesday, 2nd Week of Easter**  
Acts 5:17-26; Jn 3:16-21

**01/05 Thursday, 2nd Week of Easter**  
Acts 5:27-33; Jn 3:31-36

**02/05 Friday, St Athanasius**  
Acts 5:34-42; Jn 6:1-15

**03/05 Saturday, Sts Philip and James**  
1 Cor 15:1-8; Jn 14:6-14

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## Parish of

## Pittwater

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Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

Available on the  
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# POPE FRANCIS

1936 - 2025

REQUIESCAT IN PACE



A warm welcome back to our  
former Parish Priest,  
*the Most Reverend*

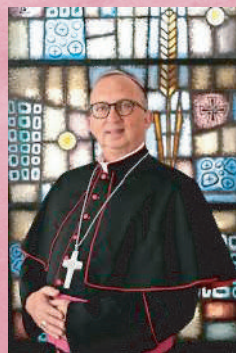
**Bishop George Kolodiesj SDS**

Bishop of Bunbury

He will be presiding a Special Soul Mass,  
on Sunday, 11th May at 6 pm  
Sacred Heart Church, Mona Vale

*There will be a chance for everyone to welcome Bishop George and  
celebrate his journey. There will be coffee and light refreshments  
at the Sacred Heart Parish Centre*

**From 4:00 pm to 5:30 pm, Sacred Heart Parish Centre**



## Salvatorian Seminary Appeal

There will be a special collection towards the Salvatorian Seminary  
on the 10th and 11th of May.

Your generous contribution will help in the training and education  
of our young seminarians and the upkeep of our seminaries in  
Poland and the Philippines, and also support our East Timorese  
seminarians who will eventually work in Australia.

Since its inception, the seminary has educated more than 500 priests.

Envelopes will be in the pews or Bank Transfer to  
"Salvatorian Fathers Formation Account"

BSB: 086-006

Account No: 56208 8745

Please indicate "Pittwater Parish"



Society of the Divine Savior  
**SALVATORIANS**  
Apostles for our times.

*Thank You in anticipation,*  
**Fr Richard & Fr Zygmunt**

*Our deepest sympathy and  
prayers to the family of the late*

**Julianne (Julie)Helen  
O'Neill**

Much loved and treasured  
wife of John, mother,  
mother in law and  
grandmother.

Family and close friends are  
warmly invited to attend the

Requiem Mass on  
Friday, 2nd May at  
12 noon

**Maria Regina Church**  
7 Central Road,  
Avalon

*We Welcome to*  
*Pittwater Parish*  
**Hugh Alan Blaxland**  
**Ronald Raymond McCarthy**  
**Charlie James Blackwood**

*for the Sacraments of Baptism,  
Confirmation and  
Holy Eucharist*

on Easter Vigil, Saturday,  
19th of April 2025  
at Sacred Heart Church,  
Mona Vale



## Parish Directory

### Pittwater Parish

1 Keenan Street,  
Mona Vale  
NSW 2103  
Tel 9157 0999

**Parish Priest**  
**Fr Richard Sadowski SDS**

Tel 9157 0999 ext 10  
pp@pittwaterparish.org

**Assistant Priest**  
**Fr Zygmunt Smigowski SDS**

Tel 9157 0999 ext 12  
ap@pittwaterparish.org

**Parish Secretary**  
**Belinda Cimino**

Tel 9157 0999 ext 30  
office@pittwaterparish.org

**Administrative Assistant**  
**Shereae Knight**

Tel 9157 0999 ext 30  
office@pittwaterparish.org

**Media & Communications  
Coordinator**  
**Conille Felias**

Tel 9157 0999 ext 31  
media@pittwaterparish.org

**Sacramental Coordinator**  
**Sonia Samartin**

Tel 9157 0999 ext 13  
sacraments@pittwaterparish.org

**CCD Catechist  
Coordinators**  
**Maureen Wooldridge**  
Mobile 0421 907 469  
**Veronica Thomas**  
Mobile 0417 061 534

### Sacred Heart Church

1 Keenan Street, Mona Vale

### Maria Regina Church

7 Central Road, Avalon

## SCHOOLS

**Sacred Heart School**  
Mona Vale  
Tel 8197 6900  
Principal: Mr Jamie Wahab

**Maria Regina School**  
Avalon  
Tel 7256 2138  
Principal: Ms Kirsty Thorpe

**Mater Maria Catholic College**  
Warriewood  
Tel 7256 2100  
Principal: Mr Marc Reicher



*Heavenly Father, we entrust Pope Francis' soul to the Your boundless mercy for his lifelong service, we thank you. For his care for the poor and marginalised, we thank you. Purify and draw him into the light of Your presence.*



*Solemn Masses for the Repose of th Soul of*

## POPE FRANCIS

will be held on

**Monday, 28th of April at 7 pm**  
**Our Lady of the Rosary Cathedral,**  
**Waitara**

and

**Tuesday, 29th April at 9.30 am**  
**Sacred Heart Church,**  
**Mona Vale**

CARITAS AUSTRALIA  
**PROJECT  
COMPASSION**

## THANK YOU

Caritas Australia would like to express our heartfelt thanks for your incredible support of Project Compassion this Lent.

If you still have your Project Compassion box or donation envelope at home, please return them next week at Mass.

Your generosity is helping to empower the world's most vulnerable communities, enabling them to overcome challenges and lift themselves out of poverty.

Together, we are creating a better tomorrow, helping vulnerable communities build stronger futures for themselves and empowering them to break free from the cycle of poverty. Thank you for standing with us!



### IT'S NOT TOO LATE TO DONATE

If you still have your Project Compassion box or set of envelopes at home, please bring them back to the Church or Parish Office. **THANK YOU**



## Jesus Christ's Great Promise about the Divine Mercy Sunday to Mankind

(excerpt from St Faustina's diary, 699)

On one occasion, I heard these words: My daughter, tell the whole world about My inconceivable mercy. I desire that the Feast of Mercy be a refuge and shelter for all souls, and especially for poor sinners. On that day the very depths of My tender mercy are open. I pour out a whole ocean of graces upon those souls who approach the Fount of My Mercy. The soul that will go to Confession and receive Holy Communion shall obtain complete forgiveness of sins and punishment. On that day all the divine floodgates through which graces flow are opened. Let no soul fear to draw near to Me, even though its sins be as scarlet. My mercy is so great that no mind, be it of man or of angel, will be able to fathom it throughout all eternity. Everything that exists has come forth from the very depths of My most tender mercy. Every soul in its relation to Me will contemplate My love and mercy throughout eternity. The Feast of Mercy emerged from My very depths of tenderness. It is My desire that it be solemnly celebrated on the first Sunday after Easter. Mankind will not have peace until it turns to the Fount of My Mercy.



# The History of the Chaplet of The Divine Mercy

In 1935, St. Faustina received a vision of an angel sent by God to chastise a certain city. She began to pray for mercy, but her prayers were powerless. Suddenly she saw the Holy Trinity and felt the power of Jesus' grace within her. At the same time she found herself pleading with God for mercy with words she heard interiorly:

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world; for the sake of His sorrowful Passion, have mercy on us. (Diary, 475)

As she continued saying this inspired prayer, the angel became helpless and could not carry out the deserved punishment (see 474). The next day, as she was entering the chapel, she again heard this interior voice, instructing her how to recite the prayer that our Lord later called "the Chaplet." This time, after "have mercy on us" were added the words "and on the whole world" (476). From then on, she recited this form of prayer almost constantly, offering it especially for the dying.

In subsequent revelations, the Lord made it clear that the Chaplet was not just for her, but for the whole world. He also attached extraordinary promises to its recitation.

Encourage souls to say the Chaplet which I have given you (1541). Whoever will recite it will receive great mercy at the hour of death (687). When they say this Chaplet in the presence of the dying, I will stand between My Father and the dying person, not as the just Judge but as the Merciful Savior (1541). Priests will recommend it to sinners as their last hope of salvation. Even if there were a sinner most hardened, if he were to recite this Chaplet only once, he would receive grace from My infinite mercy (687). I desire to grant unimaginable graces to those souls who trust in My mercy (687). Through the Chaplet you will obtain everything, if what you ask for is compatible with My will. (1731)

Prayed on ordinary rosary beads, The Chaplet of The Divine Mercy is an intercessory prayer that extends the offering of the Eucharist, so it is especially appropriate to use it after having received Holy Communion at

Holy Mass. It may be said at any time, but our Lord specifically told St. Faustina to recite it during the nine days before the Feast of Mercy (the first Sunday after Easter). He then added: "By this Novena, [of Chaplets] I will grant every possible grace to souls." (796)

It is likewise appropriate to pray the Chaplet during the "Hour of Great Mercy" — three o'clock each afternoon (recalling the time of Christ's death on the cross). In His revelations to St. Faustina, Our Lord asked for a special remembrance of His Passion at that hour.

[TheDivineMercy.org](http://TheDivineMercy.org)



## SACRAMENTAL PROGRAM UPDATE

### **SACRAMENT OF CONFIRMATION**

This year the **Sacrament of Confirmation** will be on **Saturday, 21 June 2025**

*Children in Year 3 and above are eligible to receive the Sacrament of Confirmation if they have been baptised.*

*For more information about the requirements, the preparation program, enrolments, etc.*

you **MUST** attend one  
**"Parent Information & Commitment"**  
session which will take place at **7.00pm:**

**Wednesday 30 April**

**Sacred Heart Church, Mona Vale**

**Thursday 1 May**

**Maria Regina Church, Avalon**

We need facilitators for the four weekly preparation sessions.

If you would like to be a group facilitator or would like to have more information about the role, please contact Sonia as soon as possible at [sacraments@pittwaterparish.org](mailto:sacraments@pittwaterparish.org)

## The Divine Mercy Sunday

**27th April**

**Sacred Heart Church,  
Mona Vale  
at 3.00 pm**

**Exposition of the Blessed Sacrament,  
Adoration, Reconciliation, Benediction and  
The Divine Mercy Chaplet**



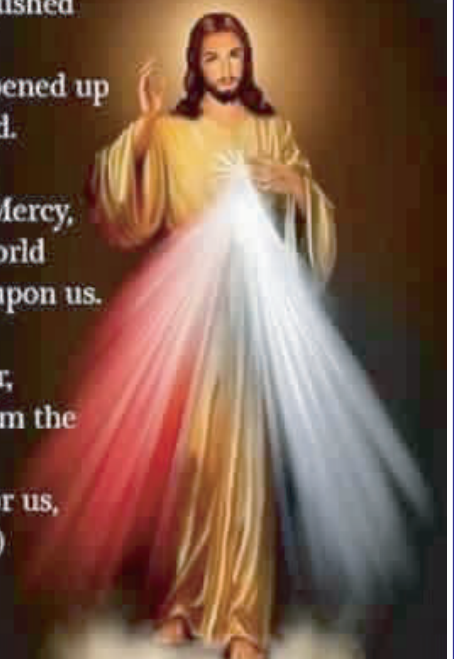
## 3 O'CLOCK PRAYER

You expired, O Jesus,  
but the source of life gushed  
forth for souls  
and an ocean of mercy opened up  
for the whole world.

O Fount of Life,  
unfathomable Divine Mercy,  
envelop the whole world  
and empty Yourself out upon us.

O Blood and Water,  
which gushed forth from the  
Heart of Jesus  
as a fount of mercy for us,  
I trust in You. (3x)

Amen.



# The *Living* Word

## Entrance Antiphon

1 Peter 2:2

Like newborn infants, you must long for the pure, spiritual milk, that in him you may grow to salvation, alleluia.

## First Reading

Acts of the Apostles 5:12-16

### A reading from the Acts of the Apostles

*The numbers of men and women who came to believe in the Lord increased steadily.*

The faithful all used to meet by common consent in the Portico of Solomon. No one else ever dared to join them, but the people were loud in their praise and the numbers of men and women who came to believe in the Lord increased steadily. So many signs and wonders were worked among the people at the hands of the apostles that the sick were even taken out into the streets and laid on beds and sleeping-mats in the hope that at least the shadow of Peter might fall across some of them as he went past. People even came crowding in from the towns round about Jerusalem, bringing with them their sick and those tormented by unclean spirits, and all of them were cured.

## The word of the Lord

### Responsorial Psalm

Ps 117:2-4. 22-27. R. v.1

**(R.) Give thanks to the Lord for he is good, his love is everlasting.**

Let the sons of Israel say:

‘His love has no end.’

Let the sons of Aaron say:

‘His love has no end.’

Let those who fear the Lord say:

‘His love has no end.’ **(R.)**

The stone which the builders rejected has become the corner stone.

This is the work of the Lord, a marvel in our eyes.

This day was made by the Lord; we rejoice and are glad. **(R.)**

O Lord, grant us salvation;

O Lord grant success.

Blessed in the name of the Lord is he who comes.

We bless you from the house of the Lord; the true God is our light. **(R.)**

**Second Reading** Revelation 1:9-13, 17-19

### A reading from the book of the Apocalypse

#### Apocalypse

*I was dead and now I am to live for ever and ever.*

My name is John, and through our union in Jesus I am your brother and share your sufferings, your kingdom, and all you endure. I was on the island of Patmos for having preached God's word and witnessed for Jesus; it was the Lord's day and the Spirit possessed me, and I

heard a voice behind me, shouting like a trumpet, ‘Write down all that you see in a book.’ I turned round to see who had spoken to me, and when I turned I saw seven golden lamp-stands and, surrounded by them, a figure like a Son of man, dressed in a long robe tied at the waist with a golden girdle.

When I saw him, I fell in a dead faint at his feet, but he touched me with his right hand and said, ‘Do not be afraid; it is I, the First and the Last; I am the Living One. I was dead and now I am to live for ever and ever, and I hold the keys of death and of the underworld. Now write down all that you see of present happenings and things that are still to come.’

## The word of the Lord.

### Gospel Acclamation

John 20:29

Alleluia, alleluia!

You believe in me, Thomas, because you have seen me; happy those who have not seen me, but still believe!

Alleluia!

### Gospel

John 20:19-31

### A reading from the holy Gospel according to John

*After eight days Jesus came in and stood among them.*

In the evening of that same day, the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, ‘Peace be with you,’ and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, ‘Peace be with you. ‘As the Father sent me, so am I sending you.’

After saying this he breathed on them and said:

‘Receive the Holy Spirit.

For those whose sins you forgive,

they are forgiven;

for those whose sins you retain,

they are retained.’

Thomas, called the Twin, who was one of the Twelve, was not with them when Jesus came. When the disciples said, ‘We have seen the Lord’, he answered, ‘Unless I see the holes that the nails made in his hands and can put my finger into the holes they made, and unless I can put my hand into his side, I refuse to believe.’ Eight days later the disciples were in the house again and Thomas was with them. The doors were closed, but Jesus came in and stood among them. ‘Peace be with you’ he said. Then he spoke to Thomas, ‘Put your finger here;

look, here are my hands. Give me your hand; put it into my side. Doubt no longer but believe.’ Thomas replied, ‘My Lord and my God!’ Jesus said to him: ‘You believe because you can see me. Happy are those who have not seen and yet believe.’

There were many other signs that Jesus worked and the disciples saw, but they are not recorded in this book. These are recorded so that you may believe that Jesus is the Christ, the Son of God, and that believing this you may have life through his name.

## The word of the Lord.

### Communion Antiphon

1 Corinthians 5:7-8

Bring your hand and feel the place of the nails, and do not be unbelieving but believing, alleluia.

## REFLECTION

by Dianne Bergant

*The readings for the Sundays after Easter all provide mystagogical catechesis for the entire church, with a special emphasis for the newly baptised. This instruction is meant to help us recognise the presence of the Risen Lord in our midst. The overarching theme for the Second Sunday of Easter is the celebration of this presence in several manifestations.*

*While we might seek some obvious, tangible manifestation, each reading speaks of the presence of Christ in a way that we would not expect Christ to be present. He is there in the very throes of sickness, in fear and doubt, in the celebration of the liturgy. These presences challenge us to go beneath appearances, beneath the mundane and banal of life, and there discover the risen Lord in personal mystical experience, in the ministry of the believing community, and in the transformative possibilities of the liturgy.*

*Experiences of the Risen Lord are not reserved for extraordinarily holy people. Any one of us can be invited into a deep personal encounter when we least expect it, in the most unlikely places, with effects that overwhelm us. In fact, the Risen Christ is always just around the next corner, eager to enter our lives with the transforming power of the resurrection. Being part of a community of believers in prayer can be one of the most profound religious experiences. It not only transforms the present, but it also entrusts us with a vision of what is yet to be, an eschatological hope for a glorious future.*

© Dianne Bergant CSA





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At 7pm

Sacred Heart Parish Centre

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**Bringing men together, to renew their faith in God & encourage them to be an active force of renewal in the Church**

For any questions contact

Joe Cilla - 0418 863 814



Oh, how great is the goodness of God, greater than we can understand. There are moments and there are mysteries of the divine mercy over which the heavens are astounded. Let our judgment of souls cease, for God's mercy upon them is extraordinary.

— Mary Faustina Kowalska —

AZ QUOTES



To find out more, call Tamara  
0403226699

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Jesus  
Christ  
IS THE SAME  
YESTERDAY,  
TODAY, AND  
FOREVER.  
HEBREWS 13:8

God's Love  
is the Flower,  
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the Fruit.

[~St. Faustina]

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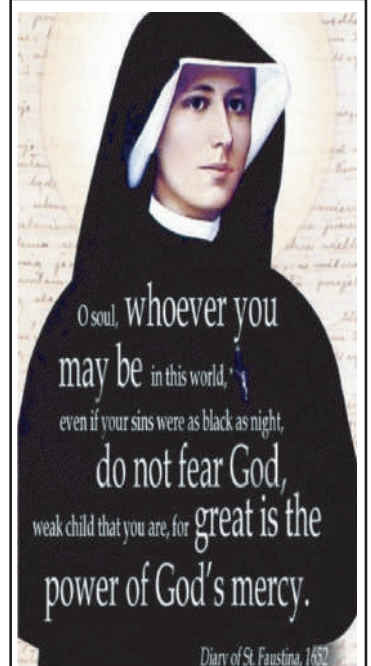
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O soul, whoever you  
may be in this world,  
even if your sins were as black as night,  
do not fear God,  
weak child that you are, for great is the  
power of God's mercy.

*Diary of St. Faustina, 1932*